

Swivelfeet Linedancers Hälsinglands gladaste Linedancers

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Stitch It Up

Count: 64 Wall: 4 Level: Beginner / Intermediate April 2001,

Choreographer: Robbie McGowan Hickie Music: Elvis Medley by The Dean Brothers



Actual footwork

Section 1 Weave Right, Hold, Rock Step

- 1 - 2 Step right to right side, cross left behind
- 3 - 4 Step right to right side, cross left in front of right
- 5 - 6 Step right to right side, hold one count
- 7 - 8 Step back on left, rock weight forward onto right

Section 2 Weave Left, Hold, Rock Step

- 1 - 2 Step left to left side, cross right behind left
- 3 - 4 Step left to left side, cross right in front of left
- 5 - 6 Step left to left side, hold one count
- 7 - 8 Step back on right, rock weight forward onto left

Section 3 Toe Touches, Heel Hook, Lock Step-Hold

- 1 - 2 Touch right toe to right side, touch right toe next to left
- 3 - 4 Touch right heel forward, hook right heel across left foot
- 5 - 6 Step forward on right, lock left behind right
- 7 - 8 Step forward on right, hold one count

Section 4 Toe Touches, Heel Hook, Lock Step-Hold

- 1 - 2 Touch left toe to left side, touch left toe next to right
- 3 - 4 Touch left heel forward, hook left heel across right foot
- 5 - 6 Step forward on left, lock right behind left
- 7 - 8 Step forward on left, hold one count

Section 5 Rock Step, Back-Hold, Lock Step Back-Hold

- 1 - 2 Step forward on right, rock weight back onto left
- 3 - 4 Step back on right, hold one count
- 5 - 6 Step back on left, lock right across left
- 7 - 8 Step back on left, hold one count

Section 6 Swing/Sweep Back X3, Dip Down And Up

- 1 - 2 Swing/sweep right out from front to back, step right behind left
- 3 - 4 Swing/sweep left out from front to back, step left behind right
- 5 - 6 Swing/sweep right out from front to back, step right behind left
- 7 - 8 Bend knees and dip down, stand upright (weight on right)

Section 7 Lock Step, Step-Hold, Rock ¼ Turn, Step-Hold

- 1 - 2 Step forward on left, lock right behind left
- 3 - 4 Sep forward on left, hold one count
- 5 - 6 Step right to right side, rock weight onto left turning ¼ left
- 7 - 8 Step forward on right, hold one count

Section 8 Step-½ Turn, Step-Hold, Toe Touches

- 1 - 2 Step forward on left, pivot ½ turn right
- 3 - 4 Step forward on left, hold one count
- 5 - 6 Touch right toe to right side, touch right toe next to left
- 7 - 8 Touch right toe to right side, touch right toe next to left

REPEAT

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