

Swivelfeet Linedancers Hälsinglands gladaste Linedancers

Besök alltid vår hemsida: WWW.swivelfeet.se

Kabouterdans

40 count, 4 wall, beginner level

Translation: DJ Alex – NL ; DJ Tim Ruzgar – UK (April 2002)

Choreographed to: Kabouterdans, The Groovy Dance Mix

Sequence: AAAAA, B, AAAA, BB, AAAA, BB, AA

Note: Start dance after first 32 counts



Actual footwork

PART A (The Freeze)

Section 1 Grapevine Right, Grapevine Left

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|-------|--------------------------------------------------------------------------------------------------|
| 1 - 4 | Step right to the right, Cross left behind right, Step right to the right, Hop or scoot on right |
| 5 - 8 | Step left to the left, Cross right behind left, Step left to the left, Hop or scoot on left |

Section 2 Step Back Right, Left, Right, Hop, Step Rock, Step, Rock

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|-------|------------------------------------------------------------------------------------|
| 1 - 4 | Step back right, Step back left, Step back right, Hop or scoot on right |
| 5 - 8 | Step forward left, Rock back on right, Rock forward left, Lift right & turn ¼ left |

(At the very end of the first series of A's drop the ¼ left turn so that you face front)

PART B (The Fun!) (Always facing 12'o clock (front) wall)

Section 3 Full Turn (To left), Stomp Feet In Place (Shoulder width apart)

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| 1 - 4 | Step right, left, right, left |
| 5 - 8 | Stomp right, Stomp left, Stomp right, Stomp left |

Section 4 Waving Arms, Squats, In Place (Bend your knees, stick your bum out, put your hands on your knees)

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|-------|---------------------------------------------------------------|
| 1 - 4 | Just wave both your arms in the air, left, right, left, right |
| 5 - 8 | Stomp right, Stomp left, Stomp right, Stomp left |

Section 5 Goose Walk (Stay in squat position, keep hands on knees, full turn left over 8 counts)

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| 1 - 8 | Stomp right, Stomp left, Stomp right, Stomp left, Stomp right, Stomp left, Stomp right, Stomp left |
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(Please remember this is FUN party dance, so have lots of fun and enjoy!!!)