

Swivelfeet Linedancers Hälsinglands gladaste Linedancers

Besök alltid vår hemsida; [WWW.SWIVELFEET.SE](http://www.swivelfeet.se)

Cykelen

Count: 32 Wall: 4 Level: Beginner

Choreographer: Ulla Engström (SE) March 2015

Music: Danne Stråhed & Dynamo - Cykeln E Nyckelen

Intro: 32 counts - Style: Pop / Disco



Actual footwork	
Section 1	Right rumba box hold, left rumba box hold
1 - 4	Step right to right side, step left together , step right forward, hold for one count
5 - 8	Step left to left side, step right together, step left back, hold for one count
Section 2	Side, in front, 1/4 turn left, kick, slow coasterstep, hold for one count
1 - 4	Step right to right side, step left in front of right, turn 1/4 left stepping right back, kick left forward
5 - 8	Step left back, step right beside left, step left forward, hold for one count
Section 3	Slow lockstep forward right, scuff, Slow lockstep forward left, scuff
1 - 4	Step right forward, lock left behind right, step right forward, scuff left heel
5 - 8	Step left forward, lock right behind left, step left forward, scuff right heel
Section 4	Step 1/2 turn, step, hold, trippel full turn hold
1 - 4	Step right forward, make a 1/2 turn over the left shoulder (weight on left) step right forward, hold for one count
5 - 8	Turn 1/2 right stepping back on left, turn 1/2 right stepping forward on right, step left forward, hold for one count

Contact: Submitted by – Carina Klar: carinaklaar@gmail.com