

Swivelfeet Linedancers Hälsinglands gladaste Linedancers

Besök alltid vår hemsida: WWW.swivelfeet.se

Adalaida

Count: 32 Wall: 2 Level: Improver

Choreographer: Gary O'Reilly (Ire) (October 2019)

Music: "Adalaida" by Derek Ryan - 3mins10secs

#8 count intro



Actual footwork	
Section 1	Grapevine R, Forward/Touch, Back/Touch, Grapevine ¼ L Brush, R Rocking Chair
1 & 2 &	Step right to right side (1), cross left behind right (&), step right to right side (2), touch left next to right (&)
3 & 4 &	Step forward on left (3), touch right next to left (&), step back on right (4), touch left next to right (&)
5 & 6 &	Step left to left side (5), cross right behind left (&), ¼ turn left stepping forward on left (6), brush right forward (&)
7 & 8 &	Rock forward on right (7), recover on left (&), rock back on right (8), recover on left (&) [9:00]
Section 2	Pivot ¼ Cross, ¼, ¼, Cross, Rumba Forward/Touch, Rumba Back/Kick
1 & 2	Step forward on right (1), pivot ¼ left (&), cross right over left (2) [6:00]
3 & 4	¼ turn right stepping back on left (3), ¼ turn right stepping right to right side (&), cross left over right (4) [12:00]
5 & 6 &	Step right to right side (5), step left next to right (&), step forward on right (6), touch left next to right (&)
7 & 8 &	Step left to left side (7), step right next to left (&), step back on left (8), low kick right forward (&)
Section 3	Back, Kick, Back, Kick, Coaster Step, Run-Run-Run, Walk R, Walk L
1 & 2 &	Walk back on right (1), low kick left forward (&), walk back on left (2), low kick right forward (&)
3 & 4	Step back on right (3), step left next to right (&), step forward on right (4)
5 & 6	"Small" run forward on left making 1/8 turn left (5), "small" run forward on right making 1/8 turn left (&), "small" run forward on left (6) [9:00]
7 - 8	Walk forward right making 1/8 turn left (7), walk forward left making 1/8 turn left (8) [6:00]
NOTE: Counts 5-8 complete a ½ turn left in semi-circle	
Section 4	R Mambo Forward, L Coaster Step, Out, In, Heel, Hook, Forward, Touch, Back, Touch
1 & 2	Rock forward on right (1), recover on left (&), step back on right (2)
3 & 4	Step back on left (3), step right next to left (&), step forward on left (4)
5 & 6 &	Point right out to right side (5), touch right next to left (&), dig right heel forward (6), hook right across left (&)
7 & 8 &	Step forward on right (7), touch left next to right (&), step back on left (8), touch right next to left (&)
*Tag End of Wall 1 & 3 facing [6:00] and End of Wall 4 & 6 facing [12:00]	
TAG	Side, Touch/Clap, Side, Touch/Clap
1&2&	Step right to right side (1), touch left next to right with a clap (&), step left to left side (2), touch right next to left with a clap (&)
	Dance the Tag and start again from count 1
Ending	**Ending: to finish the dance facing the front [12:00]. Add the following after count 4 of section 2 during Wall 8 facing [6:00]
	¼, ¼, CROSS
5 & 6&	¼ turn left stepping back on right (3), ¼ turn left stepping left to left side (&), cross right over left (4)