

Swivelfeet Linedancers Hälsinglands gladaste Linedancers

Besök alltid vår hemsida; WWW.swivelfeet.se

Triple Mix

Count: 32 Wall: 2 Level: Beginner

Choreographer: Lorna Mursell (Scotland) Nov 2014

Music: Country Medley by Nathan Carter - The Live Show

Alternative Music:

From A Jack To A King - Johnny Hansen

Take These Chains From My Heart - Lee Roy Parnell

Singing The Blues - Kentucky Headhunters



NO TAGS, NO RESTARTS

Start On The Word "KING"

Actual footwork

Section 1 Chasse, Back Rock, Rec, Side Touch

- | | |
|-------|--|
| 1 & 2 | Step right to right side, step left beside right, step right to right side |
| 3 - 4 | Rock back on left, recover on to right |
| 5 - 6 | Step left to left side, touch right beside left |
| 7 - 8 | Step right to right side, touch left beside right |

Section 2 Chasse 1/4 Turn, Back Rock, Rec, Side Touch

- | | |
|-------|--|
| 1 & 2 | Step left to left side, step right beside left, turn 1/4 right stepping back on to left foot |
| 3 - 4 | Rock back on right, recover on to left |
| 5 - 6 | Step right to right side, touch left beside right |
| 7 - 8 | Step left to left side, touch right beside left |

Section 3 Toe Strut, Kickball Change, Toe Strut Kickball Change

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|-------|---|
| 1 - 2 | Step right toe forward, drop right heel down |
| 3 & 4 | Kick left foot forward, step left foot in place, step right foot beside left foot |
| 5 - 6 | Step left toe forward, drop left heel down |
| 7 & 8 | Kick right foot forward, step right foot in place, step left foot beside right foot |

Section 4 Cross Point X 2, Jazz Box 1/4 Turn, Cross

- | | |
|-------|--|
| 1 - 2 | Cross right over left, point left toe to left side |
| 3 - 4 | Cross left over right, point right toe to right side |
| 5 - 6 | Cross right over left, step back on left |
| 7 - 8 | Step 1/4 turn right, cross left over right |