

# Swivelfeet Linedancers Hälsinglands gladaste Linedancers

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## Stomping It Out

(a.k.a. Stomp It Out, Stomp Along) Choreographed by Silke C. Henke

**Description: 32 count, 4 wall, line dance**

Music: Goin Through The Big D by Mark Chesnutt [176 bpm / Greatest Hits / CD: Toe The Line 1 /

Alt. Music Setting The Woods On Fire by The Tractors [172 bpm / CD: The Tractors / The Tractors

**Start dancing on lyrics**



### Actual footwork

| Section 1 | Right Toe Touches, Knee Lifts, Stomps, & Claps (8 Counts) |
|-----------|---|
| 1         | Touch right toe out to right side                         |
| 2         | Raise right knee toward waist and across left leg & clap  |
| 3         | Touch right toe out to right side                         |
| 4         | Raise right knee toward waist and across left leg & clap  |
| 5         | Stomp right foot  |
| 6         | Stomp left foot   |
| 7 - 8     | Clap hands twice  |

  

| Section 2 | Left Toe Touches, Knee Lifts, Stomps & Claps (8 Counts)  |
|-----------|--|
| 1         | Touch left toe out to left side                          |
| 2         | Raise left knee toward waist and across right leg & clap |
| 3         | Touch left toe out to left side                          |
| 4         | Raise left knee toward waist and across right leg & clap |
| 5         | Stomp left foot  |
| 6         | Stomp right foot   |
| 7 - 8     | Clap hands twice   |

  

| Section 3 | Step, Slide, Step, Stomp, Heel Lifts, Heel Split (8 Counts) |
|-----------|---|
| 1         | Step forward on the right foot                              |
| 2         | Drag left foot up to right                                  |
| 3         | Step forward on the right foot                              |
| 4         | Stomp left foot next to right (weight even)                 |
| 5         | Lift up on toes & tap heels on floor                        |
| 6         | Lift up on toes & tap heels on floor                        |
| 7         | Split heels out (toes together, heels spread)               |
| 8         | Bring heels home (pigeon toes)                              |

  

| Section 4 | Right Grapevine (4 Counts)    |
|-----------|-------------------------------|
| 1         | Step right foot to the right  |
| 2         | Step left foot behind right   |
| 3         | Step right foot to the right  |
| 4         | Stomp left foot next to right |

  

| Section 4 | Left Grapevine With 1/4 Turn Left (4 Counts) |
|-----------|--|
| 5         | Step left foot to the left                   |
| 6         | Step right foot behind left                  |
| 7         | 1/4 turn left on left foot                   |
| 8         | Touch right toe next to left foot            |

Repeat

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