

# Swivelfeet Linedancers Hälsinglands gladaste Linedancers

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## My New Life

4 WALL - 48 COUNTS - BEGINNER

Choreographed by: John Offermans (NL)

Choreographed to: 'High Class Lady' by The Lennerockers (160 bpm) from CD Wild!

Wild! Wild!

(or from Rebels And More, Disc 2) (16 count intro - after heavy beat kicks in - start on vocals)



Actual footwork		Calling suggestion	Direction
<b>Section 1</b>	<b>Section 1 Right Lock Step Forward, Brush, Left Lock Step Forward, Brush</b>		
1 - 2	Step right forward. Lock left behind right.	Right Lock	Forward
3 - 4	Step right forward. Brush left forward.	Right Brush	
5 - 6	Step left forward. Lock right behind left.	Left Lock	
7 - 8	Step left forward. Brush right forward.	Left Brush	
<b>Section 2</b>	<b>Forward Rock, Toe Struts Back</b>		
1 - 2	Rock right forward. Recover onto left.	Forward Rock	On the spot Back
3 - 4	Step right toe back. Drop right heel taking weight.	Back Strut	
5 - 6	Step left toe back. Drop left heel taking weight.	Back Strut	
7 - 8	Step right toe back. Drop right heel taking weight.	Back Strut	
<b>Section 3</b>	<b>Slow Coaster Step, Hold, Step, Pivot 1/2 Left, Step, Hold</b>		
1 - 2	Step left back. Step right beside left.	Back Together	Back
3 - 4	Step left forward. Hold.	Step Hold	Forward
5 - 6	Step right forward. Pivot 1/2 turn left (weight on left).	Step Pivot	Turning left
7 - 8	Step right forward. Hold.	Step Hold	Forward
<b>Section 4</b>	<b>Step, Pivot 1/2 Right, Step, Hold, Prissy Walk With Holds</b>		
1 - 2	Step left forward. Pivot 1/2 turn right (weight on right).	Step Pivot	Turning right
3 - 4	Step left forward. Hold.	Step Hold	Forward
5 - 6	Cross right over left. Hold.	Cross Hold	
7 & 8	Cross left over right. Hold.	Cross Hold	
<b>Section 5</b>	<b>Cross, Side, Cross, Hold, Diagonal Toe Struts</b>		
1 - 2	Cross right over left. Step small step left to left side.	Cross Side	Left
3 - 4	Cross right over left. Hold.	Cross Hold	
5 - 6	Step left toe to left diagonal. Drop left heel taking weight.	Toe Strut	Forward
7 - 8	Cross right toe over left. Drop right heel taking weight.	Cross Strut	
<b>Section 6</b>	<b>Diagonal Toe Struts, Side Rock 1/4 Turn Right, Step, Brush</b>		
1 - 2	Step left toe to left diagonal. Drop left heel taking weight.	Toe Strut	Forward
3 - 4	Cross right toe over left. Drop right heel taking weight.	Cross Strut	
5 - 6	Rock step left to left side. Make 1/4 turn right and step right forward.	Rock Turn	Turning right
7 - 8	Step left forward. Brush right forward.	Step Brush	Forward

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