

Swivelfeet Linedancers Hälsinglands gladaste Linedancers

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Lonely Drum

Count: 32 Wall: 4 Level: Improver

Choreographer: Darren Mitchell - June 2017

Music: Lonely Drum - Aaron Goodvin (iTunes)



(Intro: 40 counts)

Actual footwork

Section 1	Stomp, Bounce, Bounce, Bounce, Toe-Heel-Stomp, Toe-Heel-Stomp
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1 & - 2 &	Stomp R forward, raise R heel up, drop R heel to the ground, raise R heel up,
3 & 4	Drop R heel to the ground, raise R heel up, drop R heel to the ground
5 & 6	Touch L toe together, touch L heel together, stomp L forward
7 & 8	Touch R toe together, touch R heel together, stomp R forward. (12:00)

Section 2	Paddle Turn, Shuffle Across, Hip-Hip-Hip, Behind-Side-Across
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1 - 2	Paddle turn: Step L forward, turn 90 degrees right take weight onto right
3 & 4	Shuffle L across in front of right: L-R-L,
5 & 6	Step R to the side pushing hips: R-L-R,
7 & 8	Step L behind right, step R to the side, step L across in front of right. (3:00)

Section 3	Toe & Toe & Heel & Heel, Together, Walk, Walk, Shuffle Forward
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1 &	Touch R toe to the side, step R together
2 &	Touch L to the side, step L together
3 &	Touch R heel forward, step R together
4 &	Touch L heel forward, step L together
5 - 6	Step R forward, step L forward
7 & 8	Shuffle forward: R-L-R. (3:00)

Section 4	Pivot Turn, Shuffle Forward, Step, Drag, Step, Drag
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1 - 2	Pivot turn: step L forward, turn 180 degrees right take weight onto right
3 & 4	Shuffle forward: L-R-L,
5 - 6	Step R a big step forward, drag L towards right
7 - 8	Step L a big step forward, drag R towards left. (9:00)

REPEAT	
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Restart	At the end of wall 3, add the following 8-count tag, then restart the dance at 3:00
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1 - 2	Step R forward, rock back onto left,
3 & 4	Shuffle back: R-L-R,
5 - 6	Step L back, rock forward onto right
7 & 8	Shuffle forward: L-R-L

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