

Swivelfeet Linedancers Hälsinglands gladaste Linedancers

Besök alltid vår hemsida; WWW.swivelfeet.se

Go Cat Go

32 Count, 4 Wall, Absolute Beginner

Choreographer: Gaye Teather (UK) March 2010

Choreographed to: Please Mama Please by

Go Cat Go, CD: Billy, Vol 1 (184 bpm)

Intro 16 counts from main beat



Actual footwork

Section 1	Heel struts forward x 4
1 - 2	Step Right heel forward. Drop Right toe to floor
3 - 4	Step Left heel forward. Drop Left toe to floor
5 - 6	Step Right heel forward. Drop Right toe to floor
7 - 8	Step Left heel forward. Drop Left toe to floor

Section 2	Toe struts back x 4 with arm swings/finger clicks
1 - 2	Step Right toe back. Drop Right heel to floor clicking fingers to Right and looking to Right
3 - 4	Step Left toe back. Drop Left heel to floor clicking fingers to Left and looking to Left
5 - 6	Step Right toe back. Drop Right heel to floor clicking fingers to Right and looking to Right
7 - 8	Step Left toe back. Drop Left heel to floor clicking fingers to Left and looking to Left <i>(Lean slightly forward whilst travelling backwards and swing arms Right and Left during above)</i>

Section 3	Touch out. Hold. Touch in. Hold. Touch out. In. Out. Hold
1 - 2	Touch Right toe to Right side. Hold
3 - 4	Touch Right toe beside Left. Hold
5 - 6	Touch Right toe to Right side. Touch Right beside Left
7 - 8	Touch Right toe to Right side. Hold

Section 4	Slow jazz box quarter turn Right* (with finger clicks)
1 - 2	Cross Right over Left. Hold & click fingers
3 - 4	Step back on Left. Hold and click fingers
5 - 6	Quarter turn Right stepping Right to Right side. Hold and click fingers (Facing 3 o'clock)
7 - 8	Step forward on Left. Hold and click fingers

Note!	<p>* This dance was choreographed especially for Absolute Beginners to enable them to share the floor with those dancing Robbie McGowan Hickie's "Cool Chick". It comprises only simple forward and back movements and 1 easy quarter turn which introduces the concept of the jazz box. However, the slow jazz box can also be danced without the turn making this a 1 wall dance so that if the novice dancers are placed at the front of the floor they won't be distracted by intermediates dancing behind.</p>
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